



IOWA WOMEN'S
FOUNDATION



2025 Core Grant Information Session



Iowa Women's Foundation

*The only statewide organization
dedicated to improving the
economic self-sufficiency of Iowa's
women and girls*

Our Work

IWF takes two complementary approaches to improve women's economic stability:

The Upstream Approach

Focusing on the root causes of barriers for women and aims to prevent them from occurring in the first place

The Downstream Approach

Providing direct support to alleviate the impacts of systemic challenges on organizations and those they serve

IWF applies both approaches through:

Research, Education, Collaboration, Advocacy, *Grantmaking*

Barriers to Women's Economic Stability



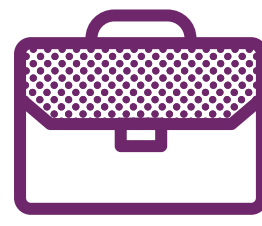
Housing



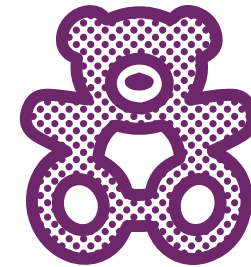
Transportation



**Education/
Training**



Employment



Childcare



Mentorship

Annual Grant Programs

Emergency Grants

Up to \$1,000 awarded to cover unexpected and unbudgeted expenses that make it difficult or impossible to serve clients

Cycle currently open

Core Grants

Up to \$50,000 awarded to initiatives that tackle at least one of the six barriers to women's economic self-sufficiency

Cycle opens April 28

IWF no longer has a separate process for childcare grants.

Only one application required!



Core Grants

What We Fund

- 501(c)3 organizations or licensed childcare facilities
 - Registered in-home providers included
- Serving women and/or girls in Iowa
 - Don't need to exclusively serve women or girls
- Tackling at least one of the six barriers
- Up to \$50,000 may be requested

What We Don't Fund

- Capital campaigns
 - Reimbursement for previously incurred expenses
 - Funds are to be used between October 1, 2025 and September 30, 2026
 - Political candidate campaigns
 - Promotion of religious activities
-

Grant Priorities

Housing

IWF funds initiatives that assist women and children experiencing homelessness or housing insecurity

Examples: emergency shelters, transitional housing, life-skills programs to maintain stable housing

Transportation

IWF funds initiatives that help women obtain safe and quality means of transportation

Examples: assistance finding and securing a vehicle, financial-lending and credit-building education, vehicle maintenance skill-building, registration and title fee assistance

Grant Priorities

Education & Training

IWF funds initiatives that prepare women or girls to enter the workforce or advance within their field

Examples: job-specific training, apprenticeship programs, financial literacy education, employment readiness programs

Employment

IWF funds initiatives that support women in seeking or maintaining employment

Examples: resume-writing and job-application assistance, employment retention curriculum, career advancement programs

Grant Priorities

Childcare

IWF funds initiatives that increase access to quality and affordable childcare

Examples: center expansion, furniture and equipment purchasing, curricula purchasing, provider training, before/after-school programs, increasing options for second/third-shift workers

Mentorship

IWF funds initiatives that encourage women to share their talents to inspire new female leaders

Examples: professional networking programs, career exploration programs, role model pairing programs, leadership skills and self-esteem building programs

Funding Timeline

April	April 28: Letters of Interest OPEN
May	May 16: Letters of Interest DUE
June	Second week of June: Eligible applicants invited to complete a full application
July	July 11: Full Applications DUE
August	Awardees selected after review process; Applicants notified of their status
September	Funds dispersed to awardees
October	Awardees celebrated at Luncheon; Expenditure cycle begins (through Sept 2026)



How to Apply

Application Portal

Log In

Register



IOWA WOMEN'S
FOUNDATION

Iowa Women's Foundation

Core Grants

Welcome to the Iowa Women's Foundation Grant Portal!

IWF awards annual Core Grants to organizations that tackle barriers to women's economic self-sufficiency in Iowa.

Click [here](#) to learn more about our grantmaking

Click [Register](#) in the top right corner to create an account and submit an LOI

APPLY

Opens

Apr 28 2025 12:00 AM (CDT)

Deadline

May 16 2025 11:59 PM (CDT)

Register with

G

OR

First name

Jane

Last name

Doe

Email

test@gmail.com

Password

.....



Confirm password

.....



By registering for an account, you agree to our [terms of service](#) and [privacy policy](#).



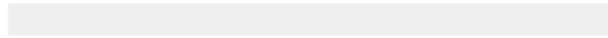
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Privacy - Terms

CREATE ACCOUNT

0 of 1 tasks complete



Last edited: Apr 18 2025 03:25 PM (CDT)

REVIEW

SUBMIT

Deadline: May 16 2025 11:59 PM (CDT)

Core Grants

Preview

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APPLICATION

ACTIVITY

Your tasks



Eligibility Check



Eligibility Check

In order to submit your LOI, you must first answer **YES** to the following questions

1. *Is your organization a 501(c)3 or a licensed childcare facility?*
 2. *Does your organization serve women and/or girls in Iowa?*
 3. *Does your organization tackle at least one of the six barriers?*
-

[← Back to application](#)

Core Grants

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ID: 0000000003



Eligibility Check



Letter of Interest

1 of 2 tasks complete



Last edited: Apr 18 2025 03:28 PM (CDT)

REVIEW

SUBMIT

Deadline: May 16 2025 11:59 PM (CDT)



Eligibility Check

Completed Apr 18 2025 03:28 PM (CDT)



Eligibility Check

Is your organization a 501(c)3 or a licensed childcare center?

Yes

Does your organization serve women and/or girls in Iowa?

Yes

Does your organization tackle at least one of the six barriers to women's economic self-sufficiency?

Employment, Childcare, Housing, Education/ Training, Transportation, Mentorship

Yes

Letter of Interest

- *Briefly describe your organization and services*
 - *Requested grant amount – ranges provided up to \$50,000*
 - *Briefly describe the program(s), project(s), or initiative(s) you would be applying to fund*
-


[← Back to application](#)

[Core Grants](#)

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ID: 0000000003

  Eligibility Check

  Letter of Interest 

2 of 2 tasks complete

Last edited: Apr 18 2025 03:33 PM (CDT)

REVIEW

SUBMIT

Deadline: May 16 2025 11:59 PM (CDT)



Letter of Interest

Completed Apr 18 2025 03:33 PM (CDT)



Letter of Interest

Organization Name

Test Name

Primary Contact Name (First and Last)

Jane Doe

Primary Contact Title

Program Manager

Primary Contact Email

test@gmail.com

[← Back to application](#)

[SUBMIT YOUR APPLICATION](#)

Core Grants [🔗](#)

[📄 Download](#)

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ID: 0000000003 Last edited: Apr 18 2025 03:33 PM (CDT)

Your tasks

Letter of Interest

100.0% complete

Last edited: Apr 18 2025 03:33 PM (CDT)



Eligibility Check

Completed: Apr 18 2025

Eligibility Check

Is your organization a 501(c)3 or a licensed childcare center?

Yes



Application Submitted!

Thank you for submitting your application.

[Go to My Applications](#)



Programs



My Applications



Questions about a program or information on this site?



Contact the site administrator

Need help with using SurveyMonkey Apply?



Check out the FAQ

Having technical issues with this site?

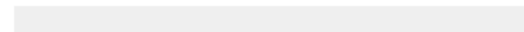


Fill in a support request form

Invites sent second week of June

Full Application

0 of 3 tasks complete



Last edited: Apr 18 2025 03:51 PM (CDT)

REVIEW

SUBMIT

Deadline: Jul 11 2025 11:59 PM (CDT)

Core Grants

Preview

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APPLICATION **ACTIVITY**

Your tasks



Organization Information



Contact Information



Grant Proposal



Previous tasks



Eligibility Check

Completed on: Apr 18 2025 03:49 PM (CDT)



Letter of Interest

Completed on: Apr 18 2025 03:50 PM (CDT)



Full Application

- *Requested grant amount*
 - *Counties served*
 - *Barrier(s) addressed*
 - *Proposal goals (up to three)*
 - *Proposal timeline (Oct 25 - Sept 26)*
 - *Method of measuring and evaluating success*
 - *Sustainability after IWF funding*
 - *Budget narrative*
 - *Viability with partial funding*
-

Review Process

A multi-layered process is used for selecting grant recipient organizations

1. Eligibility Screening – Letters of Interest
 2. Community Volunteer Review – Full Applications
 3. IWF Grants Committee Review – Full Applications
 4. IWF Board of Directors Approval – August Board Meeting
-

Key Things to Remember

- ★ Must serve women or girls in Iowa
- ★ Must address at least one of the six barriers
- ★ Letters of Interest due **May 16**

Contact Us with Further Questions

- ★ hannah@iawf.org
 - ★ 319-774-3816
 - ★ IAWF.org/Core-Grants
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