



Run Like a Mother Is Back!

Do you HAVE a mother? Do you KNOW a mother? Are YOU a mother?

If you answered yes to any of the above, this race is for YOU! This means MEN as well as WOMEN! And KIDS are welcome too!

In support of the Iowa Women's Foundation, University of Northern Iowa's Women in Business students are hosting **Run Like A Mother** on Saturday, May 11th at Island Park in Cedar Falls. Check in begins at 7:00 a.m. The race starts at 9:00 a.m. Top finishers in several categories will be recognized.

Come join the fun and support the Iowa Women's Foundation along the way! Proceeds from the race will provide opportunities for research, education, advocacy, and grantmaking.

Interested in sponsoring the event? Not able to run that day? Need more

information? Click [here](#) for details.

Register for Run Like a Mother

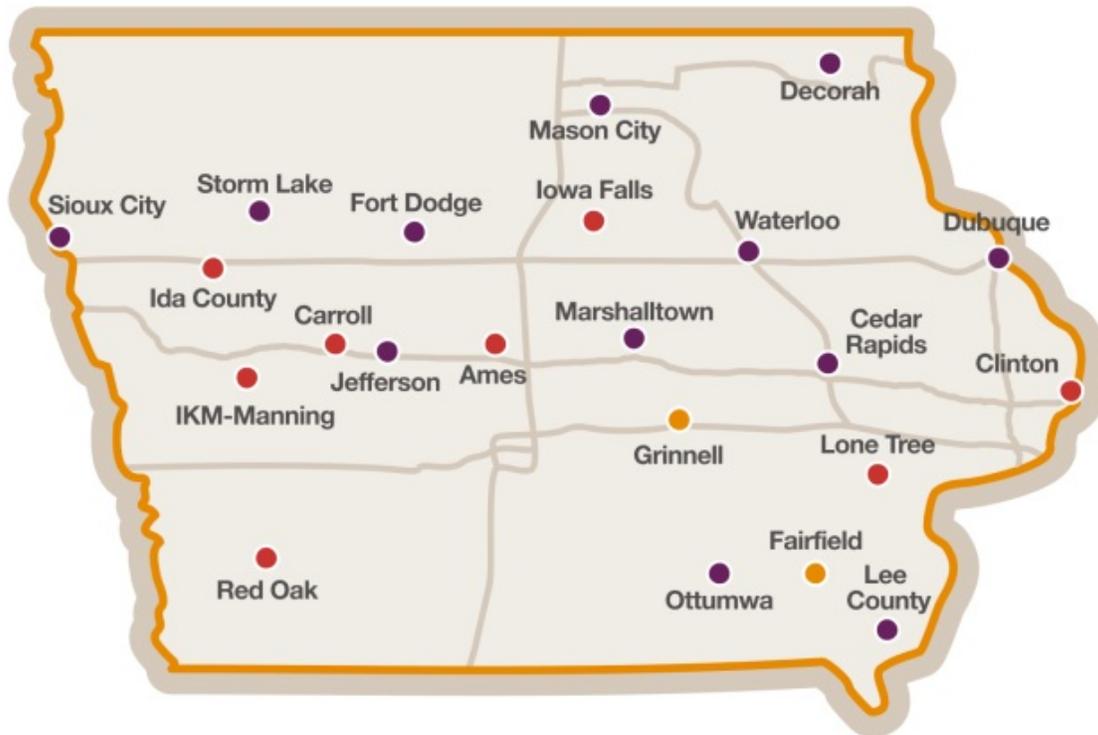
2020 Grant Applications Due April 30, 2019

IWF is currently accepting Core Grant applications for the 2019-2020 cycle. The Core Grants Program focuses specifically on six areas that have been identified as the most critical barriers for Iowa women and girls. All grant applications must address one primary barrier: employment, child care, housing, education/training, transportation, or mentorship.

To apply for a Core Grant, please see our website for grant eligibility, guidelines, resources, and the application form. **All applications are due April 30, 2019 at 5:00 p.m.**

Apply for a Grant

Building Community Child Care Solutions



KEY

- Original tour community
- Community who asked to join the work
- Community using IWF materials

Our research and community conversations tell us Iowa is in a child care crisis. This crisis is not just a family issue but also a workforce, business, and community issue.

In many Iowa communities, child care has become unaffordable, inaccessible, or nonexistent. As a result, working parents miss work, drop shifts, are less engaged on the job, switch employers, or leave the workforce all together. Child care is an essential and under-emphasized tool for our state to develop, grow, and sustain a reliable work force.

Research consistently shows that increasing workers' access to affordable, quality child care options isn't simply a benefit for parents—it improves the economy. Providing access to quality, affordable child care positively impacts the bottom line of Iowa companies and is critical to sustaining a strong workforce and economy.

Through collaborative work between IWF and our partners, 500 stakeholders from 22 communities across Iowa are now exploring innovative ways to exchange ideas among business and community leaders, employees, and organizations to promote child care investments that support economically secure families, a stronger Iowa workforce, and thriving communities. Stakeholders represent businesses, economic development, educational institutions, nonprofit organizations, elected officials, local Early Childhood Iowa boards, and the funding community.

As we continue to work across the state, consider how you can participate in this important initiative. Educate yourself and others on this critical issue. Advocate for businesses to be a part of the solution. Provide resources to invest in programs for accessible, affordable, quality child care. Invest in our future. Make a difference today and get involved because together we are stronger!

Join Our Circles of Giving

Our Circles of Giving keeps growing with great support to raise funds, award grants, conduct research, educate, and advocate for women and families throughout Iowa. Please consider making a three year pledge at one of these four levels:

Newcomer Circle (1st Time Supporters only) \$100 - \$249 per year pledge for 3 years

Leadership Circle \$250 - \$499 per year pledge for 3 years

Directors Circle \$500 - \$2,499 per year pledge for 3 years

Presidents Circle \$2,500 or more per year pledge for 3 years

We are grateful for the continued support of our Circles of Giving members. Pledges can be made online or by calling the office at 319-774-3813. Thank you for your support!

Join the Circles of Giving





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