

IWF June 2016



E-Newsletter!



IOWA WOMEN'S
FOUNDATION

Cokie Roberts to Speak at IWF Annual Luncheon

The IWF Annual Luncheon will now take place on Monday, September 19 (formerly, Wednesday, October 6), from 11:30 am - 1:00 pm at the Coralville Marriott Hotel and Conference Center.

Cokie Roberts is a political commentator for ABC News and National Public Radio. In her more than forty years in broadcasting, she has won countless awards including three Emmys. She has been inducted into the Broadcasting and Cable Hall of Fame, and was cited by the American Women in Radio and Television as one of the fifty greatest



women in the history of broadcasting. In 2009, the Library of Congress named her a "Living Legend," one of the very few Americans to have attained that honor.

With a lifetime of experience in the thick of Washington politics and a deep and abiding interest in the role women have played in American history, Roberts has a singular perspective and is perfectly placed to reassess the importance of women in shaping our country.

Register to attend the luncheon or sponsor a table [here](#).

IWF to Begin She Matters Tour Revisits



During the 2015 She Matters Tour, the Iowa Women's Foundation met with policy makers and community members in different Iowa communities to discuss the barriers to economic self-sufficiency facing women and girls in our state.

These sessions were analyzed and the key barriers identified and ranked. Now, the IWF will revisit these communities to share their findings, raise public awareness, promote collaboration, and provide resources to address key barriers.

During the visits, the IWF will discuss local and state-wide issues concerning economic challenges for women and girls; determine a course of action to address these issues in each community; and strategize how the IWF can help support their plan for action.

If you are interested in attending one of these discussions listed below, please contact Dawn Oliver Wiand at dawn@iawf.org or by calling 319-774-3814.

Fort Dodge, Thursday, June 23, 12:00 - 1:30
Waterloo, Thursday, June 30, 9:30 - 11:00
Quad Cities, Tuesday, July 12, 11:30 - 1:00
Cedar Rapids, Wednesday, July 13, 11:30 - 1:00
Chariton, Thursday, July 21, 11:30 - 1:00
Ottumwa, Thursday, July 21, 3:30 - 5:00
Jefferson, Tuesday, July 26, 11:30 - 1:00
Creston, Friday, July 29, 11:30 - 1:00
Des Moines, Friday, July 29, 3:00 - 4:30
Dubuque, Wednesday, August 3, 9:30 - 11:00
Marshalltown, Thursday, August 4, 11:30 - 1:00
Iowa City, Monday, August 8, 9:30 - 11:00
Mason City, Wednesday, August 10, 9:30 - 11:00
Council Bluffs, Thursday, August 18, 1:30 - 3:00
Sioux City, Friday, August 19, 9:30 - 11:00
Storm Lake, Thursday, August 25, 11:30 - 1:00
Decorah, Tuesday, August 30, 8:30 - 10:00
Fort Madison, TBD

Click [here](#) to read the 2016 She Matters Report.

Grantee Spotlight

The Catherine McAuley Center: Creating Opportunities for Women Through Volunteerism

By LaShonda Kennedy

Little did I know when I volunteered to do a site visit at the Catherine McAuley Center how much the experience would brighten my day. As a member of the IWF grants committee, part of our charge is to not only assist in the selection of our grant winners, but to make sure we are connecting with those grantees to ensure our partnership is as strong as it can be.

The mission of the Catherine McAuley Center (CMC) is to offer hope and opportunity through basic education for adults and transitional housing for women. CMC operates two programs. The Adult Basic Education Program offers free tutoring to English Language Learners and those seeking to improve basic academic skills.

Their transitional housing program, the focus of their Creating Opportunities Through Volunteerism program, serves a critical population of homeless women needing supportive professional services to become self-sustaining members of our community.

According to Transitional Housing Program manager, Jennifer Tibbetts, *"The women of Catherine McAuley Center's Transitional Housing Program come from all walks of life, yet there are many common threads of experience*

among those entering the program. One of the most common is that of being a survivor of trauma."

"The experience of trauma has been shown to effect mental health, physical health, and emotional well-being. Here at CMC, we seek to provide a safe and nurturing place to heal and grow. One of the first steps in this process is to learn that no one is alone."

Continue reading [here](#).

Ovation

The third edition of **Ovation: A Tribute to Iowa Women and Girls** was unveiled in Cedar Rapids, Quad Cities, and Cedar Falls. A wide-ranging group of truly impressive women and girls who inspire us with their tenacity, amaze us with their generosity, and show us all what it means to be dedicated to achieving your dreams were recognized through 89 different tributes.



This is a talented group of women with so many incredible stories. We recognized a surgeon who's also an accomplished organist; a tireless advocate for women who has faced domestic violence; a gifted sculptor whose work brings beauty to our cities; and a district associate court judge who helps to ensure that women have equal access to justice in our state.

With *OVATION: A Tribute to Iowa's Women and Girls*, you can honor a woman or girl in your life-and improve the lives of many others.

For more information, please contact info@iawf.org, call 319.774.3813, or visit our website at iawf.org.

Run Like a Mother



Chicks for Change

Based in the Cedar Valley, Chicks for Change has supported the work of IWF for over a decade. This very passionate and generous group organizes two annual fundraising events: Run Like a Mother and Dine & Unwind.

Over 350 runners of all ages participated in the 13th Annual Run Like a Mother on May 7, helping to raise more than \$14,000. For more information on Run Like a Mother and Dine & Unwind, visit our events page [here](#).



(Quad Cities Advisory Team)

IWF Establishes Advisory Teams

in Quad Cities and Des Moines

In order to enhance the work of the Iowa Women's Foundation across the state, IWF established Advisory Teams in the Quad Cities and Des Moines. These teams are made up of community leaders committed to improving the lives of Iowa's women and girls. Each member has agreed to help:

- Expand the statewide presence of IWF's work
- Build a voice for women and girls in Iowa
- Raise public awareness
- Foster advocacy
- Provide access to networks/connections: media, elected officials, nonprofits, supporters, etc.

If you are interested in being a part of one of these important teams, please contact Dawn Oliver Wiand at dawn@iawf.org.

For more information on the Iowa Women's Foundation and the topics above, please visit our [website](#) or email Dawn at dawn@iawf.org

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